

Support Groups – Alzheimer's Association

24/7 Helpline: (800) 272-3900

Caregiver Support Group- Grief Loss of a Parent (VIRTUAL)

This is a Grief Support Group for anyone who has lost a parent to Alzheimer's or another dementia.

WHEN: Meets virtually every 3rd Tuesday of each month

TIME: 6:30 PM - 7:30 PM EDT

TO REGISTER: Contact AnneMarie Catanzano at amc04105@gmail.com

Caregiver Support Group Grief Loss of a Partner (VIRTUAL)

This bereavement support group is for anyone who has lost a partner to Alzheimer's or another dementia.

WHEN: Meets virtually the 2nd Wednesday every month

TIME: 6:30 PM - 7:30 PM EDT

TO REGISTER: To register, call 800-272-3900

Down Syndrome/Alzheimer's/Dementia Caregiver Support Group (VIRTUAL)

Are you a care partner facing the challenges of caring for a loved one (40 years or older) with Down Syndrome who has been diagnosed with dementia? The Alzheimer's Association has partnered with the Down Syndrome Association of Central Ohio to provide care and support.

WHEN: Meets virtually on the 4th Tuesday of the month

TIME: 6:00 PM - 7:00 PM EDT

TO REGISTER: Pre-registration is required. First-time attendees, please call Missy Rouseat 614.643.2135.

Support Group -Young Adult Children of People with Younger Onset Dementia (VIRTUAL)

This is a free, virtual program. You will receive a link to join the program upon registration.

WHEN: Meets virtually on the 2nd Tuesday of the month

TIME: 6:00 PM - 7:00 PM CDT

TO REGISTER: Call the 24/7 Helpline at (800) 272-3900

Dyer - Franciscan Senior Health and Wellness Caregiver Support Group (IN-PERSON)

This group is for caregivers of those living with Alzheimer's and other dementias.

WHEN: Meets in-person on the 3rd Thursday of every month

WHERE: Franciscan Senior Health and Wellness Center -
2150 Gettler St, Dyer, IN 46311

TIME: 4:30 PM - 5:30 PM CDT

TO REGISTER: Call the 24/7 Helpline at (800) 272-3900

Young Onset Care Partner Support Group (VIRTUAL)

This caregiver support group is for family members of people diagnosed with dementia or mild cognitive impairment at age 65 or younger at any stage.

WHEN: Meets by Zoom the 4th Thursday of each month

TIME: 6:30 PM - 7:30 PM CDT

TO REGISTER: Call the 24/7 Helpline at (800) 272-3900

Caregiver Support Group (VIRTUAL)

This group is for caregivers of those living with Alzheimer's and other dementias.

WHEN: Meets virtually on the third Monday of each month

TIME: 8:00 AM - 9:00 AM CDT

TO REGISTER: Call the 24/7 Helpline at (800) 272-3900

Early-Stage Monthly Zoom Group (VIRTUAL)

This group is for people living in Illinois, Indiana, or Kentucky, who are in the early stages of dementia or mild cognitive impairment, who are aware of their diagnosis, and who are willing and able to talk about the impact of memory loss on their lives with others.

WHEN: Meets by Zoom the second Tuesday of each month

TIME: 10:00 AM - 11:00 AM CDT

TO REGISTER: Pre-screening is required to participate. Call 1-800-272-3900 for screening.

Men's Caregiver Support Group (VIRTUAL)

This group is for male caregivers of those living with Alzheimer's and other dementias.

WHEN: Meets on the 4th Thursday of every month via Zoom

TIME: 6:00 PM - 7:00 PM CDT

TO REGISTER: Call the 24/7 Helpline at (800) 272-3900

Caregiver Support Group (VIRTUAL/PHONE)

This group is for caregivers of those living with Alzheimer's and other dementias.

WHEN: Meets virtually on the 1st Tuesday of every month

TIME: 2:00 PM - 3:00 PM CDT

TO REGISTER: Call the 24/7 Helpline at (800) 272-3900

Support Groups – Alzheimer's Foundation of America

AFA Helpline – 866-232-8484

Caregiver Support Group for Families, Spouses, and Partners Who Are Considering Long-Term Placement of their Loved Ones With Dementia (PHONE)

This group will discuss topics such as the potential advantages and disadvantages of long-term placement, what to consider when looking for a facility, managing fears and emotions in the process, and how to best support a loved one transitioning from a home environment to a facility.

WHEN: Sundays

TIME: 2 pm – 3 pm (ET)

TO REGISTER: Please contact the group facilitator, Sharon Rosenzweig, at 866-232-8484 on Sundays between 9am-5 pm ET or Tuesdays between 5pm-9 pm ET.

General Caregiver Support Group-Spanish Speaking (VIRTUAL)

WHEN: Thursdays

TIME: 7 pm – 8 pm (ET)

TO REGISTER: To register for this group or to learn more, please contact the group facilitator, Erika Overman, at 866-232-8484 or eoverman@alzfdn.org.

Support Groups - Alzheimer's & Dementia Services of Northern Indiana (ALZNI) ALZNI Helpline – 1-888-303-0180

Virtual	Alzheimer's & Dementia Services of Northern Indiana	1st Wednesday 2:00-3:00pm EST	Joe Collins 574-232-4121
Lake	Christ Presbyterian Church 7416 East 109th Ave. Winfield, IN	2nd Thursday 6:00-7:30pm CST	Kathleen Bernet 219-230-4530
Lake	United Methodist Church 654 East 4th St. Hobart, IN	2nd Thursday 2:00-3:30pm CST	Kathleen Bernet 219-230-4530
Lake	Bickford of Crown Point 140 E. 107th Ave. Crown Point, IN	4th Tuesday 5:00-6:00pm CST	Joshua Warren 219-663-0972
Lake	St. Anthony Majestic Care 203 Franciscan Dr. Crown Point, IN	2nd & 4th Wednesday 6:00-8:00pm CST	Kristen Merritt 219-776-3755
Lake	Residences at Deer Creek 401 US-30 Schererville, IN	Last Thursday 10:00-11:30am CST	Emily Aguilar 219-864-0700
Lake	AVIVA Merrillville 7900 Rhode Island St. Merrillville, IN	3rd Thursday 3:00-4:00pm CST	Jennifer Bailey 219-525-4123
Porter	Men's Breakfast Group Viking Chili Bowl 105 E US Highway 30 Valparaiso, IN	1st Wednesday 8:30-9:30am CST	John Gorski 219-508-7829

Porter	Men's Group Porter County Community Foundation 1401 Calumet Ave. Valparaiso, IN	3rd Wednesday 8:30-9:30am CST	John Gorski 219-508-7829
Porter	Rittenhouse Village 6235 Sterling Creek Rd. Portage, IN	3rd Thursday 6:00-7:00pm CST	Amanda Heer 219-764-2900
Porter	Valparaiso Senior Village 74 East Journey Way, Valparaiso, IN	2nd Wednesday 3:00-4:00pm CST	Suzan Mizgate 219-789-9430
Porter	Residences at Coffee Creek 2300 Village Point Chesterton, IN	4th Tuesday 10:00-11:30am CST	Lindsey Sherron 219-921-5200

Pulaski	Pulaski Health Care Center 624 East 13th St. Winamac, IN	3rd Wednesday 3:00-4:00pm EST	Sonia Brewer-Manns Jennifer King 574-946-3394 Ext. 31
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Starke	Brickyard Healthcare Knox Care Center 300 E. Culver Rd. Knox, IN	2nd Thursday 6:00-7:00pm CST	Connie Boisvert 574-772-6248
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LaPorte	Rittenhouse Senior Living 4300 Cleveland Ave. Michigan City, IN	3rd Wednesday 2:00-3:00pm CST	Debbie Burgess 219-256-1239 Dorothy White 219-369-1247
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LaPorte	Brentwood at LaPorte 2002 Andrew Ave. LaPorte, IN	2nd Thursday 10:00-11:30am CST	Amy Harner 219-325-1599
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