COACTION'S MEMORY CAFÉ LAKE CO.



A Dementia Initiative of CoAction

WHAT IS A MEMORY CAFE? -

A Memory Cafe is an informal social gathering for those living with early-stage memory loss and their care partner.

CoAction is proud to serve our community as the only registered Memory Cafe in Lake County!

WHAT HAPPENS AT OUR CAFE? -

We provide a welcoming space for individuals with memory loss and their caregivers to connect, relax, and engage in meaningful activities. Refreshments are provided!

Our activities change monthly, but can include:

- Music & Dancing
- Yoga & Meditation
- Arts & Crafts
- Games & Puzzles
- Animal Therapy



Registration is encouraged, but not required.

Contact Jenna Turner to register. Spaces are limited.



Check Your Calendar!

Last Monday of the Month **Starting June 2025** 10am - 11:30am CST

CoAction Office 5240 Fountain Drive, Crown Point, IN 46307

Register Today!

Contact CoAction's Dementia Outreach Specialist directly at 219-329-1457.

3 Wait for Confirmation

You'll receive an email with event details and that's it! You're all set!



All services are provided without regard to race, age, color, religion, sex, sexual orientation, gender identity and/or expression, disability, national origin, ancestry, or status as a veteran.

